

# Time Management

## **Family Friendly Work: Finding the Balance Between Employment and Enjoyment:**

Lori K. Long, Ph.D.

ISBN: 1-56414-944-7 (1)

*The Parent's Guide to Family Friendly Work* will assist you in finding a job that allows a balance between work and family. It will help you overcome the barriers you might face in your job search, understand flexible work options and benefits, and learn strategies to find and negotiate an arrangement that works for you and your family.

## **The Working Parents Handbook:** June Solnit Sale and Kit Kollenberg with Ellen Melinkoff

ISBN: 0-684-80237-6 (1)

*The Working Parents Handbook* offers valuable advice on the many facets of balancing your home and work lives. With familiar and empathic anecdotes from real life parents and sections on issues as diverse as pull up diapers and allowances, this book provides just the right information in just the right manner for the busy working parent.